

Scandinavia: Norway

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Scandinavia

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Norway

First across Norway to Bergen for fjord adventures,
and then back to Oslo for three days.



Across
Norway

The Bergen Railway runs 500 km /
310 miles from Oslo to Bergen.



**Across
Norway**

**At the start the rail line and the highway
follow along the lakes and river valleys.**



**Across
Norway**

**Farming is practical and prosperous
in the Hallingdal Valley.**



Across
Norway

Finse station, elevation 1,222 m / 4,009',
is a bit over half way from Oslo to Bergen.



Across
Norway

The Hardangerjøkulen glacier west of Finse
covers 78 square km / 30 square miles.



Across
Norway

Hardangerjøkulen glacier lake



**Across
Norway**

**The Hardangervidda area is northern
Europe's biggest high-mountain plateau.**



Across
Norway

Hardangervidda plateau



Across
Norway

Hardangervidda plateau





**Across
Norway**

**The Oslo to Bergen line has 182 tunnels,
ten of them over 2 km / 1.2 miles long.**



Across
Norway

Myrdal station is the departure point for the
Norway In A Nutshell excursion (later).



Across
Norway

Between Myrdal and Voss



Across
Norway

The terrain becomes less severe as
we descend towards the coast.



**Across
Norway**

**The rail line follows one of the smaller
fjords as it approaches Bergen.**



Across
Norway

Along the Veafjorden



Bergen

**Bergen is Norway's second-largest city.
View from Mt. Fløyen, 320 m / 1,050' up.**



Bergen

Bergen is the heart of Norway's offshore oil industry and a leader in marine research and aquaculture.



Bergen

Bergen was founded in 1070 AD and prospered through trade in dried cod.



Bergen

The Bryggen district was
rebuilt after a fire in 1702.



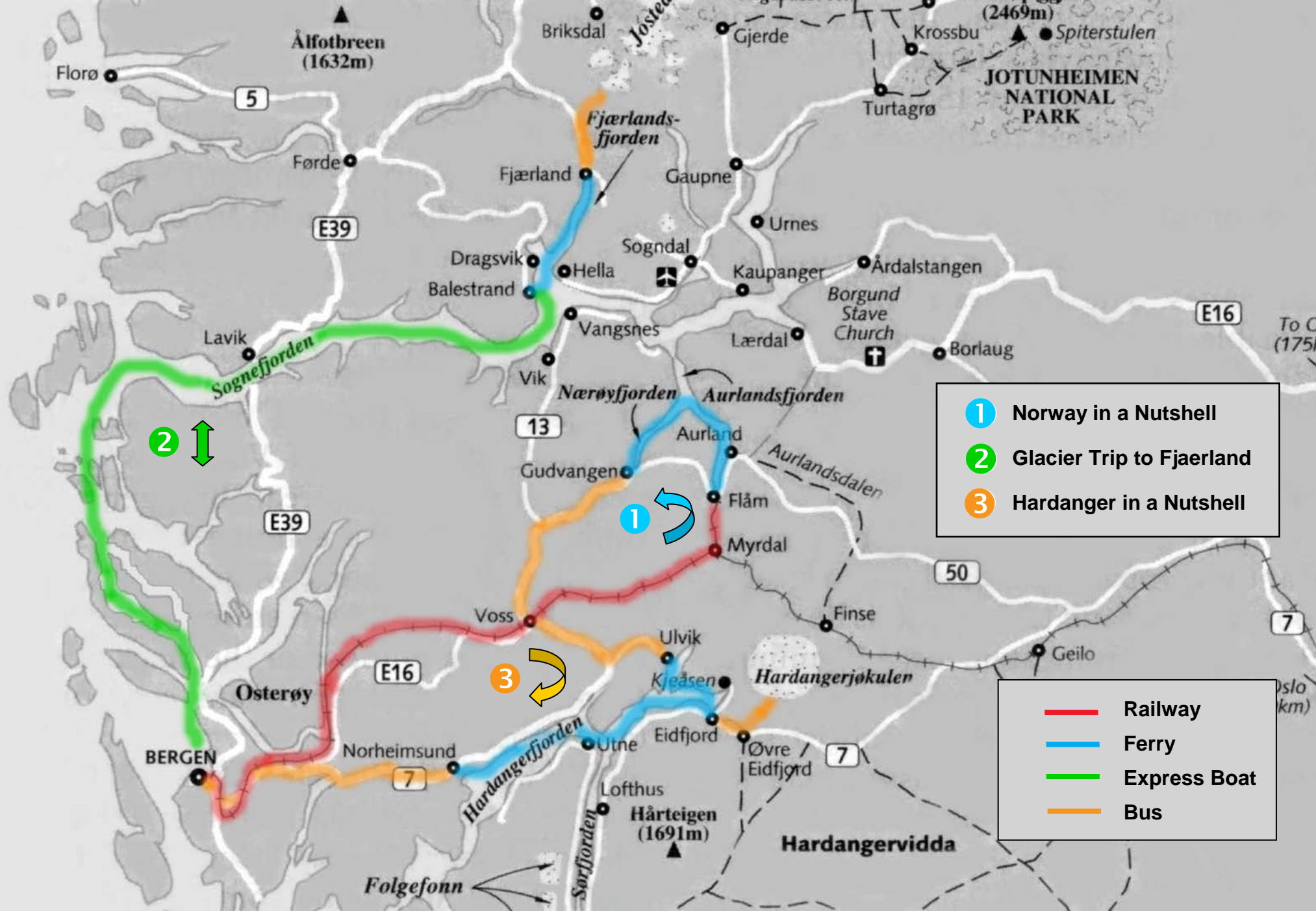
Bergen

Bergen harbours everything from small pleasure boats to large cargo and cruise ships.



Bergen

Bryggen's old quayside is a
UNESCO World Heritage site.



Fjord Tours from Bergen

Three days of amazing fjord tours follow, beginning with the famous *Norway In A Nutshell* excursion.

1 Norway in a Nutshell



Norway in
a Nutshell

First a little backtracking along the Bergen Railroad
to Myrdal to change to the Flåm Railway.



Norway in
a Nutshell

The Flåm Railway runs from Myrdal, elevation
867 m / 2,845', down to Flåm, elevation 2 m / 6'.



**Norway in
a Nutshell**

**The Flåm Railway is the steepest normal
gauge railway line in Northern Europe.**



Norway in
a Nutshell

We pass through a long tunnel and then the
train stops and everyone dashes outside ...



Norway in
a Nutshell

... to get a close-up picture
of the Kjosfossen waterfall.



Norway in
a Nutshell

We pass through another tunnel and then
get a glimpse of Myrdal where we started.



**Norway in
a Nutshell**

**In the 55-minute journey we pass through 20
tunnels with a total length of 6 km / 4 miles.**





**Norway in
a Nutshell**

**There are pockets of agriculture
here, mostly goat farms.**



Norway in
a Nutshell

"Flåm" means grassy plain
surrounded by mountains.



Norway in
a Nutshell

Flåm valley



Norway in
a Nutshell

Rjoandefossen waterfall



Norway in
a Nutshell

The Flåm Church (centre) was built
in 1668 in the old village of Flåm.



Norway in
a Nutshell

Flåm, permanent population 400, is one of the most popular cruise harbours in Norway.



Norway in
a Nutshell

Flåm is the departure point for
our cruise on the Sognefjord.



Norway in
a Nutshell

We'll be sailing for about two hours
on a Fjord1 boat just like this.



Norway in
a Nutshell

Sognefjord, en route from
Flåm to Gudvangen



**Norway in
a Nutshell**

**Otternes is a cluster of 26 old farm buildings on the mountainside,
mentioned in writings from the 12th century. Now a museum.**



**Norway in
a Nutshell**

**The village of Aurland on the southern
shore, population about 1,200**



Norway in
a Nutshell

There have been farms on the
Sognefjord since the Viking era.



Norway in
a Nutshell

Sognefjord



Norway in
a Nutshell

Sognefjord, about 150 km / 95 miles
inland from the North Sea



Norway in
a Nutshell

Sognefjord



Norway in
a Nutshell

Sognefjord



Norway in
a Nutshell

Sagfossen waterfall,
about 500 m / 1,640' long



Norway in
a Nutshell

Approaching Gudvangen, our
Sognefjord cruise destination



**Norway in
a Nutshell**

**We take a bus up a steep mountain road to
Stalheim and Voss en route back to Bergen.**



Norway in
a Nutshell

Kjelsfossen waterfall



Norway in
a Nutshell

Beginning the climb up 365 m / 1,200'
to Stalheim, through 13 hairpin turns



**Norway in
a Nutshell**

The maximum gradient is 1 in 5, or 20%, one of the steepest in northern Europe. From Voss, the Bergen Railway returns us to Bergen.

2 Glacier Trip to Fjaerland



Glacier Trip
to Fjaerland

An express boat takes us to the mouth of the Sognefjord
en route to the Jostedalsbreen glacier.



**Glacier Trip
to Fjaerland**

Leaving Bergen at 8 a.m.



**Glacier Trip
to Fjaerland**

**The express boat goes north through scenic islands,
stopping occasionally for local passengers.**



**Glacier Trip
to Fjaerland**

**Heading north from Bergen
towards Sognefjord**



**Glacier Trip
to Fjaerland**

**Sognefjord is very wide where
it meets the North Sea.**



Glacier Trip
to Fjaerland

Entering Sognefjord



Glacier Trip
to Fjaerland

Sognefjord



Glacier Trip
to Fjaerland

Sognefjord



Glacier Trip
to Fjaerland

At Balestrand we switch to a local ferry.



**Glacier Trip
to Fjaerland**

**We cruise up Fjaerlandsfjord, a branch of
the Sognefjord, to its end at Fjaerland.**



Glacier Trip
to Fjaerland

Fjaerlandsfjord



**Glacier Trip
to Fjaerland**

Fjaerlandsfjord, approaching Fjaerland



**Glacier Trip
to Fjaerland**

**Fjaerland is a farming and
tourism village of 300.**



**Glacier Trip
to Fjaerland**

**A bus takes us from the
Fjaerland quay to Bøyabreen ...**



**Glacier Trip
to Fjaerland**

... an arm of the huge Jostedalsglacier,
the largest glacier on mainland Europe.



**Glacier Trip
to Fjaerland**

**Or what's left of it. In 1930 the Bøyabreen glacier covered
all of this rock face down to the level of the lake.**



**Glacier Trip
to Fjaerland**

**At the current rate of retreat, the Bøyabreen part of the
larger glacier soon won't be visible from the valley.**



**Glacier Trip
to Fjaerland**

The glacier lake will remain ...



**Glacier Trip
to Fjaerland**

**... along with the Norwegian Glacier Museum
and its photographs of what used to be.**



Glacier Trip to Fjaerland

Norwegians are very concerned about climate change and are rapidly changing their ways of doing things.



Glacier Trip
to Fjaerland

Return along Fjaerlandsfjord



Glacier Trip
to Fjaerland

Back down the coast ...



Glacier Trip
to Fjaerland

... past fishing outposts ...



Glacier Trip
to Fjaerland

... to Bergen (9 p.m.).

3 Hardanger in a Nutshell



**Hardanger
in a Nutshell**

**The first leg of the third day-long
excursion is a train trip back to Voss.**



**Hardanger
in a Nutshell**

**A bus takes us through Hordaland
to Ulvik to catch a fjord boat.**



Hardanger
in a Nutshell

En route to Ulvik



**Hardanger
in a Nutshell**

**From Ulvik a short trip across the Eidfjord, a branch
of the Hardanger fjord, to the village of Eidfjord.**



Hardanger
in a Nutshell

**There's more agriculture here.
The white canopies cover fruit trees.**



Hardanger
in a Nutshell

At Eidfjord we visit the
Hardangervidda Nature Centre.



**Hardanger
in a Nutshell**

**This is another impressive educational
complex, showcasing regional wildlife.**



**Hardanger
in a Nutshell**

**The Vøringsfossen waterfall is the largest in Norway.
It's won't all fit in one picture.**



**Hardanger
in a Nutshell**

**The bottom part of the waterfall.
Total height 300 m / 984'.**



**Hardanger
in a Nutshell**

**A portion of the waterfall is visible in the
extreme lower left in this view of the Måbø Valley.**



**Hardanger
in a Nutshell**

**Leaving Eidfjord we set out
down Hardangerfjord itself.**



**Hardanger
in a Nutshell**

**This ferry stops into small communities
about every half hour or so.**



**Hardanger
in a Nutshell**

Loftus is one of the larger communities on
the Hardangerfjord, with both agriculture ...



**Hardanger
in a Nutshell**

... and tourism industries.



**Hardanger
in a Nutshell**

It's been a great three days, but the weather closes in and the rest of our cruise and the bus ride back to Bergen are uneventful.



**Return
to Oslo**

The return to Oslo from Bergen
retraces the outbound route.



Oslo

**Oslo is an inland deep sea port
at the end of the Oslofjord.**



Oslo

**First a one-hour mini-cruise
for orientation.**



Oslo
Mini-cruise

Oslo's City Hall



Oslo
Mini-cruise

**Aker Brygge, the former shipyard area in Oslo
Harbour, transformed by upscale redevelopment**



Oslo
Mini-cruise

**Akerhus Slot (Castle), a fortress
built to guard Oslo harbour**



Oslo
Mini-cruise

The Opera House is the newest
addition to the city's skyline.



Oslo
Mini-cruise

Oslo is a busy commercial port.



Oslo
Mini-cruise

The Holmenkollen Ski Jump, used for the 1952 Winter Olympics, is up in the hills above the city.



Oslo
Mini-cruise

**Out in the fjord but still close to the
city we find a live-in lighthouse ...**







Oslo

The summer days are long.
View from the hotel at 9:33 p.m.



**Fram
Museum**

Serious explorations begin with a water bus trip to Oslo's maritime museums, first the Fram Museum.



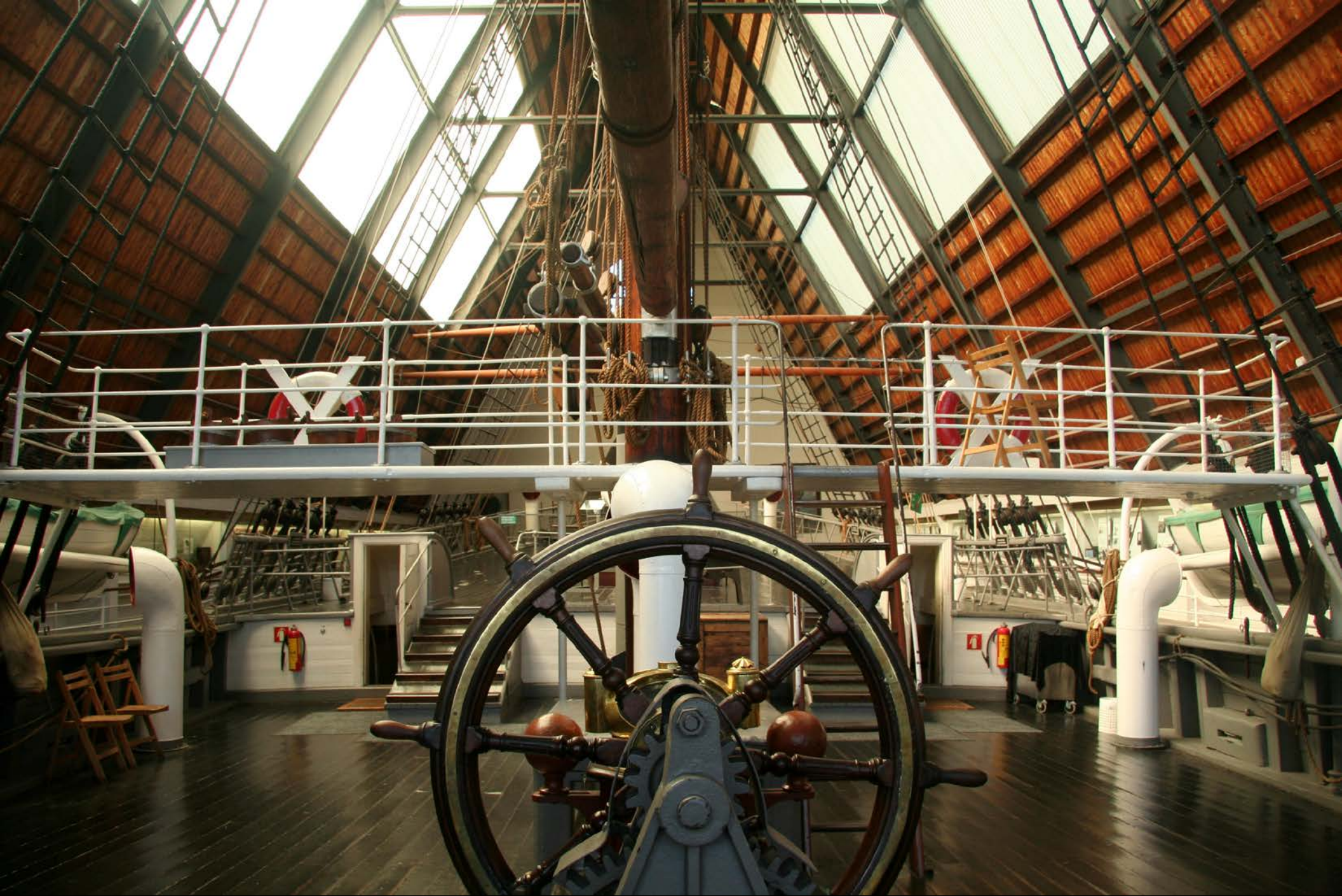
Fram
Museum

The Polar Ship *Fram* took Norwegian adventurers on historic Arctic and Antarctic explorations from 1893 through 1912.



**Fram
Museum**

**Visitors are invited onboard and below
decks to see how the sailors lived.**



**Fram
Museum**

**This is a uniquely accessible monument to the
achievements of the Norwegian explorers.**



**Kon-Tiki
Museum**

The Kon-Tiki Museum houses the boats of Norwegian anthropologist and adventurer Thor Heyerdahl.



Kon-Tiki
Museum

Heyerdahl and his crew sailed *Kon-Tiki* from Peru to Polynesia in 1947 to show that South Americans could have reached Polynesia in bygone days.





**Maritime
Museum**

**The Norwegian Maritime Museum portrays the country's
1,500 year-old tradition of boat building.**



Maritime
Museum

The Uraed "egg" carried four Norwegians across the Atlantic in 1905 to prove that enclosed lifeboats save lives.



Maritime
Museum

This museum seems to have a scale model
of every ship ever built in Norway.



**Viking Ship
Museum**

**The Viking Ship Museum specializes
in Viking ships from the 9th century.**



**Viking Ship
Museum**

***The Oseberg Ship*, used to transport the body of a chieftain to its final destination, was discovered by archaeologists in 1904.**



Viking Ship
Museum

Tune Ship, built about 900 AD



**Folk
Museum**

The Norwegian Folk Museum is a
neighbour of the maritime museums.



**Folk
Museum**

More than 150 buildings from all over Norway form
Europe's original and largest open air museum.







**Folk
Museum**

**The Gol Stave Church was
built about 1200 AD.**



**Akerhus
Fortress**

Across town the Akerhus fortress depicts a different side of Norway's past. Building began in 1299.



**Akerhus
Fortress**

Akerhus is a massive complex that was designed to protect Oslo's inner harbour.



**Akerhus
Fortress**

The fortress was never captured, but surrendered in WW II in the face of the unprovoked German assault on Denmark and Norway.



**Akerhus
Fortress**

The inner courtyard of the fortress,
rebuilt after a fire in 1527.



**Akerhus
Fortress**

The fortress houses the Norwegian Resistance Museum, which documents the Norwegian resistance against the Nazi occupation.

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Persontrafikk over
Hardangervidda sperret

1875. 10. 10. 11. 12. 13. 14. 15. 16. 17. 18. 19. 20. 21. 22. 23. 24. 25. 26. 27. 28. 29. 30. 31. 32. 33. 34. 35. 36. 37. 38. 39. 40. 41. 42. 43. 44. 45. 46. 47. 48. 49. 50. 51. 52. 53. 54. 55. 56. 57. 58. 59. 60. 61. 62. 63. 64. 65. 66. 67. 68. 69. 70. 71. 72. 73. 74. 75. 76. 77. 78. 79. 80. 81. 82. 83. 84. 85. 86. 87. 88. 89. 90. 91. 92. 93. 94. 95. 96. 97. 98. 99. 100. 101. 102. 103. 104. 105. 106. 107. 108. 109. 110. 111. 112. 113. 114. 115. 116. 117. 118. 119. 120. 121. 122. 123. 124. 125. 126. 127. 128. 129. 130. 131. 132. 133. 134. 135. 136. 137. 138. 139. 140. 141. 142. 143. 144. 145. 146. 147. 148. 149. 150. 151. 152. 153. 154. 155. 156. 157. 158. 159. 160. 161. 162. 163. 164. 165. 166. 167. 168. 169. 170. 171. 172. 173. 174. 175. 176. 177. 178. 179. 180. 181. 182. 183. 184. 185. 186. 187. 188. 189. 190. 191. 192. 193. 194. 195. 196. 197. 198. 199. 200. 201. 202. 203. 204. 205. 206. 207. 208. 209. 210. 211. 212. 213. 214. 215. 216. 217. 218. 219. 220. 221. 222. 223. 224. 225. 226. 227. 228. 229. 230. 231. 232. 233. 234. 235. 236. 237. 238. 239. 240. 241. 242. 243. 244. 245. 246. 247. 248. 249. 250. 251. 252. 253. 254. 255. 256. 257. 258. 259. 260. 261. 262. 263. 264. 265. 266. 267. 268. 269. 270. 271. 272. 273. 274. 275. 276. 277. 278. 279. 280. 281. 282. 283. 284. 285. 286. 287. 288. 289. 290. 291. 292. 293. 294. 295. 296. 297. 298. 299. 300. 301. 302. 303. 304. 305. 306. 307. 308. 309. 310. 311. 312. 313. 314. 315. 316. 317. 318. 319. 320. 321. 322. 323. 324. 325. 326. 327. 328. 329. 330. 331. 332. 333. 334. 335. 336. 337. 338. 339. 340. 341. 342. 343. 344. 345. 346. 347. 348. 349. 350. 351. 352. 353. 354. 355. 356. 357. 358. 359. 360. 361. 362. 363. 364. 365. 366. 367. 368. 369. 370. 371. 372. 373. 374. 375. 376. 377. 378. 379. 380. 381. 382. 383. 384. 385. 386. 387. 388. 389. 390. 391. 392. 393. 394. 395. 396. 397. 398. 399. 400. 401. 402. 403. 404. 405. 406. 407. 408. 409. 410. 411. 412. 413. 414. 415. 416. 417. 418. 419. 420. 421. 422. 423. 424. 425. 426. 427. 428. 429. 430. 431. 432. 433. 434. 435. 436. 437. 438. 439. 440. 441. 442. 443. 444. 445. 446. 447. 448. 449. 450. 451. 452. 453. 454. 455. 456. 457. 458. 459. 460. 461. 462. 463. 464. 465. 466. 467. 468. 469. 470. 471. 472. 473. 474. 475. 476. 477. 478. 479. 480. 481. 482. 483. 484. 485. 486. 487. 488. 489. 490. 491. 492. 493. 494. 495. 496. 497. 498. 499. 500. 501. 502. 503. 504. 505. 506. 507. 508. 509. 510. 511. 512. 513. 514. 515. 516. 517. 518. 519. 520. 521. 522. 523. 524. 525. 526. 527. 528. 529. 530. 531. 532. 533. 534. 535. 536. 537. 538. 539. 540. 541. 542. 543. 544. 545. 546. 547. 548. 549. 550. 551. 552. 553. 554. 555. 556. 557. 558. 559. 560. 561. 562. 563. 564. 565. 566. 567. 568. 569. 570. 571. 572. 573. 574. 575. 576. 577. 578. 579. 580. 581. 582. 583. 584. 585. 586. 587. 588. 589. 590. 591. 592. 593. 594. 595. 596. 597. 598. 599. 600. 601. 602. 603. 604. 605. 606. 607. 608. 609. 610. 611. 612. 613. 614. 615. 616. 617. 618. 619. 620. 621. 622. 623. 624. 625. 626. 627. 628. 629. 630. 631. 632. 633. 634. 635. 636. 637. 638. 639. 640. 641. 642. 643. 644. 645. 646. 647. 648. 649. 650. 651. 652. 653. 654. 655. 656. 657. 658. 659. 660. 661. 662. 663. 664. 665. 666. 667. 668. 669. 670. 671. 672. 673. 674. 675. 676. 677. 678. 679. 680. 681. 682. 683. 684. 685. 686. 687. 688. 689. 690. 691. 692. 693. 694. 695. 696. 697. 698. 699. 700. 701. 702. 703. 704. 705. 706. 707. 708. 709. 710. 711. 712. 713. 714. 715. 716. 717. 718. 719. 720. 721. 722. 723. 724. 725. 726. 727. 728. 729. 730. 731. 732. 733. 734. 735. 736. 737. 738. 739. 740. 741. 742. 743. 744. 745. 746. 747. 748. 749. 750. 751. 752. 753. 754. 755. 756. 757. 758. 759. 760. 761. 762. 763. 764. 765. 766. 767. 768. 769. 770. 771. 772. 773. 774. 775. 776. 777. 778. 779. 780. 781. 782. 783. 784. 785. 786. 787. 788. 789. 790. 791. 792. 793. 794. 795. 796. 797. 798. 799. 800. 801. 802. 803. 804. 805. 806. 807. 808. 809. 810. 811. 812. 813. 814. 815. 816. 817. 818. 819. 820. 821. 822. 823. 824. 825. 826. 827. 828. 829. 830. 831. 832. 833. 834. 835. 836. 837. 838. 839. 840. 841. 842. 843. 844.

A map of the Hordaland region in Norway. The map shows the coastline of the fjord region, with major towns like Bergen, Hordaland, and Telemark. The map is oriented with North at the top. The Hordaland region is labeled in the upper left, and the Telemark region is labeled in the lower right. The map shows the coastline of the fjord region, with major towns like Bergen, Hordaland, and Telemark. The map is oriented with North at the top. The Hordaland region is labeled in the upper left, and the Telemark region is labeled in the lower right.

[illegible]

Tre normer i brittiska uniformer efterpandas. —
Fokodeisen på ett håll total

Nyttu till slöjdens förändring är springkonsumtionen
med Nord. Huden tillgånghet i Rindas. Skadene apper
är lika stort ut i underdelen, men på den punkt, där skro-
tets mitta är slagen, förefaller den vara total.

Air:



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Can heavy-metal plant in water?

Grant lys: Sabotearenes route
 Green light: The route followed by the saboteurs
 Redt lys: Minefeltene
 Red light: Minezones

10

RECEIVED

Flygsaböjare
mot Sydnorge



100

One of the thousands of exhibits deals with attempts to prevent the Nazis from getting heavy water for A-bombs from a power station in Telemark.



**Akerhus
Fortress**

Resistance fighters made several attacks on the heavy water plant and finally sunk the boat carrying out what had already been produced.



**Nobel Peace
Center**

**Oslo is also the home of
the Nobel Peace Center.**



**Nobel Peace
Center**

The recipients of the Nobel Peace Prize are represented in a gallery called *The Nobel Field*.



**Nobel Peace
Center**

**Canadian Lester Pearson won the Nobel Peace Prize in 1957,
at a time when Canada was a respected peacemaker.**



**Vigeland
Sculptures**

**The Vigeland Sculpture Park
covers 80 acres / 32 hectares.**



**Vigeland
Sculptures**

The park features 212 bronze and granite sculptures created by Gustav Vigeland, starting in 1924.



Vigeland Sculptures

Vigeland sculpted every figure out of clay and craftsmen were contracted to fabricate the final pieces.



**Vigeland
Sculptures**

The Monolith is comprised of 121 human figures rising toward heaven, embracing one another as they are carried toward salvation.



**Vigeland
Sculptures**

***The Wheel of Life* depicts four people and a baby floating in harmony. It is a symbol of eternity, and of man's journey from cradle to grave.**



**Holmenkollen
Ski Jump**

The first Holmenkollen Ski Jump was opened in 1892.
Holmenkollen is now Norway's biggest tourist attraction.



**Holmenkollen
Ski Jump**

Holmenkollen hosted World Championships in 1930, 1966, and 1982 and the 1952 Olympics. This “skier” is a sculpture.



Holmenkollen
Ski Jump

The Ski Museum illustrates
4000 years of skiing history.



**Holmenkollen
Ski Jump**

The Holmenkollen Ski Tower provides an excellent view over Oslo and the inner Oslofjord.



Oslo City Hall The City Hall design was completed in 1930 but construction was interrupted by WW II and not completed until 1950.



Oslo City Hall Rådhus Hall, the main ceremonial hall, has been the venue for the presentation of the Nobel Peace Prize since 1990.



Oslo City Hall Henrik Sørensen's *Work, Art and Celebration* fills an entire wall of the Rådhus Hall.



Oslo City Hall First planning for a new city hall began in 1915, to clear an old slum area by the harbour.



Oslo City Hall Large parts of Oslo's elegant City Hall are open to the public.



**Oslo Opera
House**

**Oslo's new Opera House
was opened in 2008.**



**Oslo Opera
House**

**The Opera House is the home of the Norwegian National Opera and Ballet.
It was designed by the Norwegian firm Snøhetta.**



**Oslo Opera
House**

**The striking exterior is covered with
35,000 slabs of white Italian marble.**

Vær varsom!
Caution!

Taket har mange avsatser, og kan være glatt. Bruk av sykkel eller skateboard er forbudt. Ferdsel på eget ansvar.

The roof has many steps, and may be slippery. Bicycles or skateboards not allowed. Use of the area is at your own risk.



**Oslo Opera
House**

The interior is clad in oak and
natural Nordic textures.



Aker Brygge

The Aker Brygge development was created where a large shipyard closed down in 1982.



Aker Brygge

Some old warehouses were restored and modern buildings were blended in.



Aker Brygge

Housing units come with secured underground parking and a place for your yacht in front of your balcony.



Aker Brygge

Restaurants here are expensive. Shopping is expensive. Everything in Aker Brygge is expensive.



Evening on
the Fjord

Less exclusive and more fun ... "An Evening on the Fjord".
An informal dinner cruise in the Oslofjord.



Evening on
the Fjord

We get to see some of the
surrounding countryside ...



Evening on
the Fjord

... and there are big buckets
of prawns for dinner.



Evening on
the Fjord

End-of-day sunlight
enhances warm colours.



**Evening on
the Fjord**

**No space for a pool in the back yard?
No problem.**



Evening on
the Fjord

“An Evening on the Fjord”



Evening on
the Fjord

Great way to end the visit to Oslo.
Off to Stockholm tomorrow.

< End >

Scandinavia

 Norway